



## 13 DAY CAMBODIAN ADVENTURE 2-12 November 2026

[HELP Cambodia](#) is a Wagga Wagga NSW based charity run by Wagga locals. In 2017 HELP Cambodia built the [DCC school](#) in Phnom Penh and funds the ongoing running of the school through local fund raising and a student sponsorship program. The school was also registered as a [Rotary Australia World Community Service \(RAWCS\) project](#), sponsored by the Rotary Club of Wollundry Wagga Wagga.

Since 2017 we have taken a small group of interested Australians to Cambodia annually to visit our school as well as other small charity projects we support and to see the wonderful sights and learn the terrible history of Cambodia.

Cambodia is an adventure as much as a holiday, and despite its headline attractions like Angkor Wat, its greatest treasure is its people. Even though Cambodia is a very poor country by western standards, the people are warm, welcoming and always happy! Come join us exploring this beautiful spiritual country.

This trip is a truly unique experience as we go far beyond the tourist routes to visit small schools and village families and see the positive impact of Australian and Cambodian charities working in Cambodia.

We will travel to the must-visit places like the capitol Phnom Penh and the spiritual centre Siem Reap, but tourism is not the focus of this trip. You will also spend some of your trip volunteering at our school in Phnom Penh and with other projects that we support including [Heartprint](#).

Starting in Siem Reap for 7 nights staying in the luxury of the Central Suite Residence, a short walk from the centre of Siem Reap. Siem Reap is a regional hotspot for dining, bars and all things spiritual. Siem Reap is a place to be savoured, not rushed, and Siem Reap will win your heart.

The last three nights of our time in Cambodia is spent in its capital city, Phnom Penh - a name that can't help but conjure up an image of the exotic. Despite its horrific genocidal past, the city has risen from the ashes and is a fascinating place to learn its sad history.

Below (L-R): Students at DCC School. Ankor Wat at sunrise



## ITINERARY

- Mon 2/11 Arrive Siem Reap in the evening. Transfer to [Central Suite Residence](#) Hotel
- Tue 3/11 Kampong Phluk water village tour  
Possibly fit in a visit to the [APOPO](#) visitor centre
- Wed 4/11 AM Market visit, [Heartprint](#) tour, house build handover to recipient family  
PM Tour with Darrel Steer (“Dunny Darrel”), [Cambodia Clean Water & Toilet Project](#)
- Thu 5/11 [Angkor Wat](#) sunrise then [Lotus Farm](#) tour for sunset, rest in between
- Fri 6/11 Heartprint “Get Active” program with the kids, followed by a quiet evening before big day on Saturday
- Sat 7/11 Piset’s village volunteering – Lunches With Love + visit Elderly Care Mother House project (Stage 1 funded by HELP Cambodia)
- Sun 8/11 [Kulen Elephant Sanctuary](#) day trip  
[Phare Circus](#) & street food experience in evening
- Mon 9/11 Travel to Phnom Penh by minibus. Check in to the [Ohana Phnom Penh Palace Hotel](#)  
DCC School in evening for the presentation from the students including their traditional Khmer dance
- Tue 10/11 Killing Fields and [Tuol Seng](#) genocide museum during the day  
DCC School in evening to sit in and observe classes
- Wed 11/11 Silk Island + lunch with “locals” on the banks of the mighty Mekong River  
DCC School in evening to run activities with the students
- Thu 12/11 Free morning to explore the riverside, Royal Palace & temples etc, then head to airport for the flight home

## TRIP COSTS

The primary purpose of the trips hosted by HELP Cambodia, is to raise awareness of HELP Cambodia as a local charity and to increase the number of sponsors for the children at our Development for Community Centre (DCC) school. If you are not already a student sponsor and do not wish to join the sponsorship program (\$40 per month), a \$250 donation per person is required to confirm your place on the trip.

Trip participants must arrange their own flights to and from Cambodia. Return flights (economy) cost around \$1,000 if booked in advance. Accommodation at the Central Suites Residence and Ohana Hotels is paid for by guests upon checkout and comes to around \$800 in total. Preferred travel dates are as per the above itinerary, however we can accommodate alternate dates if you let us know in advance.

Each person contributes USD\$500 to the trip “kitty” which covers the costs of many group activities, transport, transfers, meals and participation fees for volunteering activities at DCC school and Heartprint.

Our trips also include a fund raising focus. In 2026 this will be a drive to collect period pants to support a menstrual education program at Heartprint, funds for a Heartprint house build and funds to cover the cost of uniforms and school supplies for the DCC students.

### Pricing Note:

This is a non-profit trip. Pricing reflects the actual costs of transport, drivers, fuel, hotels, meals and guides. All kitty funds not used for trip costs will be donated to DCC school and/or our charity partners.

Places are limited. The group will be capped at 16 people (including the HELP Cambodia committee member leading the group).

### TRIP PREPARATION

If you intend to join the group and are not already a DCC student sponsor, we encourage you to sign up. Establishing this relationship enriches your trip and supports the work of our small charity. For more information click [here](#)

A few months prior to the planned trip date, detailed information will be distributed to all participants covering currency, vaccinations, passports/visas.

We will also hold a pre-trip meeting so that everybody can meet and have a Q & A.

All participants must have a Working with Children Check (this can be applied for easily online for no cost for a volunteer).

For more information or to have a chat about the trip please contact Kathy Wallace on 0411 453 016 or email us at [help@helpcambodia.com.au](mailto:help@helpcambodia.com.au)

Below (clockwise from top left):

Siem Reap water festival activities. Kulen Elephant Sanctuary. Shrine near Preah Ang Thom (Reclining Buddha) pagoda. Tour group, students & teachers at DCC School

